

Bikeability Consent Form - Level 1 & 2

Your child has the opportunity to take part in a combined level 1 & 2 Bikeability course. The course starts in an off-road environment, and if all outcomes are met, then they will progress to the **local roads** to take part in Level 2. This course will give your child a basic level of cycling competence on which they will need to build and is not a guarantee of their safety.

Bikeability is the Government's national cycle training scheme funded by the Department for Transport and based on the National Standard for Cycle Training. It is delivered by trained, professional, DBS-checked instructors who have safeguarding and risk assessment training.

Cycling is a life skill with many benefits: it encourages independent mobility, is great for the environment, and improves physical and mental health.

Bikeability builds the skills and confidence of people who can already ride and prepares them for a lifetime of cycling.

Evidence shows Bikeability helps more people cycle, more safely, more often.

We train riders to make independent decisions and practice safe and responsible cycling, through:

- Making good and frequent observations
- Choosing and maintaining the most suitable riding positioning on the road
- Communicating intentions clearly to others
- Understanding priorities on the road, particularly at junctions.

All participants receive an official Bikeability certificate including a personal cycle skills profile.

Course information:

Bikeability Level(s): Level 1 /2

Please ensure your child's bike has been checked and the helmet has been adjusted correctly as the instructors can offer limited assistance due to COVID19

For your child to participate in this course you will need to provide the following:

- A **roadworthy** cycle (without stabilisers) with **two** working brakes, if the brakes are stiff please check that your child can pull them
- A suitable helmet (**not full face**)
- Suitable clothing for the weather
- A small bag with a drink, snack, tissues and hand sanitiser

PARENT / GUARDIAN - Please read the following consent information carefully

In signing my child up for this course I agree:

- To my child taking part in Bikeability (child be able to ride, pedal one handed in a straight line (both hands), look behind while riding to take part in the course)
- The instructors may refuse to train my child if they deem the cycle to be unroadworthy
- Instructors may at any time refuse to continue to train my child if their behaviour or cycling ability is deemed unsuitable
- Essex County Council is not responsible for any injury or disease transmission, or liable for any loss or damage to participants cycles and other belongings
- For my child to wear a helmet, which I will provide, and I consent to the instructor 'adjusting' the helmet if required, however I confirm they are not responsible for the physical condition or appropriate fit of the helmet

Important bike, helmet and clothing guidance is available at <https://www.bikeability.org.uk/about-cycle-training/cycle-training-for-children/>

The Safer Essex Roads Partnership will use your information to administer Bikeability. Your information & personal information will be shared with the course instructors for the duration of the course. Information for the duration of eligibility for Bikeability services will be retained. For more information regarding your rights and our commitments visit <https://www.essex.gov.uk/privacy-environment-and-transport>

If you wish to make any comments regarding your child's training, positive or negative, please contact us on cycletraining@essexhighways.org

Childs Name:

School Year:

Rider characteristics

Delivery of cycle training is subsidised by The Bikeability Trust. To support the equal delivery and monitoring of training sessions/courses across England the Bikeability Trust is required to collect information about rider characteristics. Please see bikeability.org.uk/privacy-statement/ for further details.

Gender <input type="checkbox"/> Female <input type="checkbox"/> Male <input type="checkbox"/> Other <input type="checkbox"/> Prefer not to say		
Ethnicity <input type="checkbox"/> Asian - Bangladeshi <input type="checkbox"/> Asian - Indian <input type="checkbox"/> Asian - Any other Asian background <input type="checkbox"/> Black - Black Caribbean <input type="checkbox"/> Mixed - White and Asian <input type="checkbox"/> Mixed - White and Black Caribbean <input type="checkbox"/> White - Gypsy/Roma	<input type="checkbox"/> White - Traveller of Irish Heritage <input type="checkbox"/> White British <input type="checkbox"/> Any other ethnic group - Arab <input type="checkbox"/> Asian - Chinese <input type="checkbox"/> Asian - Pakistani <input type="checkbox"/> Black - Black African <input type="checkbox"/> Black - Any other Black background	<input type="checkbox"/> Mixed - White and Black African <input type="checkbox"/> Mixed - Any other Mixed background <input type="checkbox"/> White - Irish <input type="checkbox"/> Any other ethnic group <input type="checkbox"/> White - Any other White background <input type="checkbox"/> Prefer not to say
Does your child hold SEND status? <input type="checkbox"/> Yes <input type="checkbox"/> No Are there any relevant medical conditions, or additional or special educational needs? <hr/> Please let us know if your child has asthma and whether any asthma inhalers are needed If your child has specific needs concerning the above, please email cycletraining@essexhighways.org		
Is your child entitled to free school meals? <input type="checkbox"/> Yes <input type="checkbox"/> No		

I confirm that I have read all the information enclosed and consent to my child (or the above child for whom I take responsibility) to take cycling lessons and related activities.

Signed(parent/guardian):

Date:

