



PE Statement

Our vision is for pupils to become independent, motivated learners and responsible citizens.

Core values

Honesty	<ul style="list-style-type: none">• Telling the truth• Taking responsibility for your actions
Positivity	<ul style="list-style-type: none">• Looking for the good• Trying new things
Determination	<ul style="list-style-type: none">• Keep trying• Learning from your mistakes
Respect	<ul style="list-style-type: none">• Caring for everyone• Being polite and friendly
Democracy	<ul style="list-style-type: none">• Deciding together• Listening to others & sharing ideas
Individuality	<ul style="list-style-type: none">• Believing in yourself• Asking questions and having ideas
Rule of Law	<ul style="list-style-type: none">• Following the rules• Sharing & taking turns

Intent

Our PE policy follows the national curriculum for Physical Education and aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

We aim to develop physically literate children which leads to being active for life and health and can include sporting excellence.

In our school we focus on how being physically active impacts the whole body with a clear focus on how a healthy body gives us a healthy mind.

Writing is embedded within the curriculum as children are able to write the benefits of physical activity, with an emphasis on heart rate and strengthening muscles.

In upper school one unit within each year group is Tactical Sports, the aim is for children to recognise the strengths needed within certain sports and apply them within a game situation. Writing can be embedded within this unit as children can design a plan of action that they can use for that activity using conjunctions to explain why those strengths are needed.

In Lower school we focus on the fine motor muscles in our bodies to develop the strength in our hands to be able to use a pencil to write. We also enjoy developing

our physical literacy by linking our PE lessons to familiar stories and events happening during the year.

By teaching Dancing and Gymnastics, the children get the opportunity to make shapes with their bodies, express themselves through large and small scale movements and understand the importance of clockwise and anticlockwise movements which support letter and number formation.

Implementation

PE is planned and taught twice a week using The Rawmarsh Community School scheme of work to ensure the coverage of a balance of skills and activities.

This scheme of work covers the 6 different areas of the physical education curriculum (Games, Dance, Gymnastics, Athletics, Outdoor Education and Swimming). At the end of each unit there are assessments statements linked to the skills needed within each area.

Impact

At the end of each unit class teachers will assess whether children are working towards, at or above age related expectations for each area of PE. This information is added to an ongoing tracking system that follows the child throughout their time at Wickford Primary School. This can then be accessed by the PE subject leader who will monitor the subject through: lesson dips, climate walks and monitoring the profile of PE through discussion with children, teachers and parents (if necessary). Feedback is also gained through monitoring of our pupils' interest and attendance at a range of sport related clubs (run by both school and outside providers); trialling for competitive events and competitions and tournaments.