

Year 6 Residential Trip: 19th-23rd October 2020
The Kingswood Centre, West Runton, Norfolk
www.kingswood.co.uk/centres/west-runton

This booklet has been prepared in advance of our school journey to Norfolk. Some of the information will be of immediate interest, while other details will become more important nearer departure. I hope that reading this booklet will answer all of your questions, but if there is anything you would like clarified, please ask.

Each year we arrange a week's residential trip for children in year six, with the aim of giving them broader curriculum opportunities than they would normally experience in school. The itinerary is carefully constructed to provide a variety of activities to stimulate interest, as well as helping the children to further develop their social interaction skills and develop as individuals. The children will participate in problem solving challenges and adventurous activities during the day, followed each evening by an entertainment activity.

YOUR CHILD'S SAFETY

The staff at Kingswood follow strict safety guidelines. All the instructors hold nationally recognised qualifications and the children will be provided with the necessary protective clothing for all activities. On arrival, the fire procedures will be explained and the children will be given an orientation tour of the site. A practice fire drill is carried out during the first evening.

The entire site is protected by security fencing and entry is restricted by security gates. All adults on centre wear high-visibility identification badges. Staff are trained to challenge anyone who is not in possession of a security pass. Staff rooms are interspersed between the children's rooms and there are experienced medical staff on site 24 hours a day.

The children will be divided into groups for the week, so there will be one/two adult(s) from the school responsible for up to 15 children (the group size is determined by Kingswood) depending on how many children we take. There will also be Kingswood instructors assigned to every group for each of the daytime activities. The children will be expected to stay with their group leader throughout the day and will be under close supervision during the evening activities. When the children are in their rooms at night an adult will obviously not be directly supervising them, but we will always be available should the need arise.

The timetable, activities and expectations of behaviour will be explained to the children before we leave school. Our children are generally very well behaved and I do not

anticipate any problems. However, if anyone's behaviour is such that the safety and well-being of the party is put at risk, the group leader would have to contact the parents to insist that he/she is collected and taken home.

If you have an urgent message, telephone the school (01268 733071) and a message will be passed on. You will also be given an emergency 24-hour contact number for outside school hours.

WHEN WE HAVE SAFELY ARRIVED, THE SCHOOL WILL SEND A TEXT MESSAGE.

The school website will be updated every day with a selection of photos reflecting the activities the children have taken part in that day. You will also be able to see them in their dorms and the dining hall.

WHAT SHOULD THE CHILDREN TAKE ?

One small suitcase or large holdall and a backpack for hand luggage. The children **will need** to be able to carry **all** of their luggage from the coaches to their accommodation, which will involve climbing stairs, possibly a couple of flights, so ***please*** think carefully about what to pack. **Everything** that children take should be **clearly labelled with their name**. I cannot stress this enough, every year we bring back a box of lost property that every child claims is not theirs. A name or initials in biro on the label is sufficient.

We suggest you include:

- Waterproof jacket – excellent protection from the wind too.
- Three pairs of trousers (sports trousers, track suit etc. **NOT jeans**)
- 2 warm jumpers/fleeces
- 3-4 t-shirts/tops – t-shirts and jumpers can be layered for warmth.
- Night-clothes
- Underwear
- Socks **which cover the ankles**, essential as some activities require it e.g. quad biking
- Gloves/ hat
- Strong shoes/trainers – they often get wet, so **two** pairs is sensible. **Wellies are great**
- Towel
- Wash bag (hairbrush/soap/toothpaste/toothbrush/tissues – **ROLL-ON** deodorant)
- Maximum £10, preferably in £1 or £2 coins, in a named envelope or bag. This will be given to their group leader on the coach, then given out when the group visit the shop.
- Purse or wallet
- Large plastic sack for dirty washing – clothing can get wet, **please discuss arrangements for packing them with your child.**
- Book, magazine, ‘comfort-toy’, (teddy, etc.) if this helps your child to get to sleep

WHAT SHOULD THEY NOT TAKE ?

Children must not take mobile phones and, since every day will be spent doing adventurous activities. Jewellery will not be permitted, although one pair of stud earrings would be acceptable for the evenings.

We cannot accept responsibility for losses, so your child should only take a camera, DS, i-pod, iPad, MP3 player etc if you are sure you trust them to bring them back in one piece. To avoid disappointment, please remind your child that they will have no access to Wi-Fi so their device will not connect to the internet. Like everything else, these should be clearly labelled.

As a general rule, please put yourself in our position and ask "If this gets lost or broken, will my child be distraught and will it cost a lot of money to replace?"

The school has a risk assessment and insurance policy, arranged by Essex County Council and, if you would like to see a copy, there is one available in the School office. a full copy of the Kingswood risk assessments for each activity we will undertake will be held in school also.

We are all looking forward to the trip and if you have any queries in the meantime, do not hesitate to contact any member of the year 6 team.

Mrs Griffiths
Year 6 leader